

# LUNCH K THROUGH 8

March 2018

www.cps.edu/food

Classroom Feeding Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>5</b></p>  <p><b>Personal Cheese Pizza</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Baby Carrots Orange &amp; Grape Medley</p>	<p><b>6</b></p>  <p><b>NEW!</b> Turkey Carnitas Rice Bowl</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGETABLE</b> Zesty Black Beans Apple Slices (L)</p>	<p><b>7</b></p>  <p><b>Breakfast 4 lunch!</b> Pancakes with Maple Syrup, Eggs &amp; Chicken-Sausage Patty</p> <p>English Muffin Pizza Kit</p> <p><b>FRUIT &amp; VEGETABLE</b> Seasoned Potato Wedges Fresh Banana</p>	<p><b>8</b></p>  <p>Miller Farms Rotisserie Chicken leg (L) with Dinner Roll</p> <p>Yogurt &amp; Cheese Fun Kit</p> <p><b>FRUIT &amp; VEGETABLE</b> <b>NEW!</b> Sweet Kale &amp; Pineapple Salad (L) Fresh Orange</p>	<p><b>9</b></p>  <p>Baked Rotini &amp; Cheese with Breadstick</p> <p><b>FRUIT &amp; VEGETABLE</b> Fresh Broccoli Fresh Cantaloupe</p>
<p><b>12</b></p>  <p><b>Personal Cheese Pizza</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Celery Sticks Orange &amp; Grape Medley</p>	<p><b>13</b></p>  <p>Chicken Nuggets Chili-lime BBQ Sauce</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGETABLE</b> <b>NEW!</b> Sweet Potato Fries Cinnamon Pears</p>	<p><b>14</b></p>  <p><b>NEW!</b> Philly Steak Pinwheel</p> <p>Yogurt &amp; Cheese Fun Kit</p> <p><b>FRUIT &amp; VEGETABLE</b> Elotes-Style Corn Fresh Banana</p>	<p><b>15</b></p>  <p>Rotini with Meatballs &amp; Spaghetti Sauce</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGETABLE</b> Fresh Broccoli Fresh Apple (L)</p>	<p><b>16</b></p>  <p>Beef Soft Tacos</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGETABLE</b> Zesty Black Beans Seasonal Fruit</p>

- We only use whole grain breads, pastas, and rice. Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in green.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a fruit, veggies & milk for free to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- Now serving new *Tony's Personal Pizzas* on Mondays!
- It's National School Breakfast Week – try *breakfast for lunch* on March 7<sup>th</sup>!
- Try the *Sweet Kale & Pineapple Salad* on March 8<sup>th</sup> made with locally grown kale!
- Grab our new *Sweet Potato Fries* with your meal on March 13<sup>th</sup>!
- Our new *Philly Steak Baked Pinwheel* on March 14<sup>th</sup>!

# LUNCH K THROUGH 8

MARCH 2018

www.cps.edu/food

Classroom Feeding Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>19</p>  <p><b>Personal Cheese Pizza</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Baby Carrots Orange &amp; Grape Medley</p>	<p>20</p>  <p><b>Chicken &amp; Country Gravy with Mashed Potatoes and Breadstick</b></p> <p><b>Yogurt &amp; Cheese Fun Kit</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Mashed Potatoes Apple Slices (L)</p>	<p>21</p>  <p><b>Baked Rotini &amp; Cheese with Breadstick</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Fresh Broccoli Fresh Pear</p>	<p>22</p>  <p><b>BBQ Chicken Leg (L) with Dinner Roll</b></p> <p><b>English Muffin Pizza Kit</b></p> <p><b>FRUIT &amp; VEGETABLE</b> Zesty Black Beans Dried Cranberries</p>	<p>23</p>  <p><b>Cheeseburger Meatloaf on a Bun</b></p> <p><b>PB &amp; Jelly Sandwich</b></p> <p><b>FRUIT &amp; VEGETABLE</b> <b>NEW!</b> Roasted Sweet Potato &amp; Cinnamon Apple Medley (L) Diced Pears</p>
<p>26</p> <p><b>Spring Break</b> March 26-30 → <b>No School</b></p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

- We only use whole grain breads, pastas, and rice. Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in green.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a fruit, veggies & milk for free to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- Now serving new **Tony's Personal Pizzas** on Mondays!
- Enjoy the local **Roasted Sweet Potato & Apple Medley** this week!
- Have a fun and safe Spring Break! Remember to eat healthy foods and drink plenty of water each day!