

Breakfast **K** THROUGH **8**

April 2018

Cold Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>✓ Apple Cinnamon Muffin with Boiled Egg</p>  <p>✓ Cheerios Graham Crackers</p> <p>Dried Cranberries Fresh Orange</p>	<p>3</p>  <p>✓ PB & Jelly Graham Cracker Bar</p>  <p>✓ Frosted Mini Wheats with String Cheese</p> <p>Applesauce Fresh Orange</p>	<p>4</p>  <p>✓ Yoplait Pear Parfait</p> <p>✓ Graham Crackers</p>  <p>✓ Cheerios with Boiled Egg</p> <p>Diced Pears Dried Cranberries</p>	<p>5</p>  <p>✓ French Toast Bar</p>  <p>✓ Frosted Mini Wheats with String Cheese</p> <p>Fresh Banana Orange Juice</p>	<p>6</p>  <p>✓ Mini Cinnamon Cream Cheese Bagels</p>  <p>✓ Cheerios with Boiled Egg</p> <p>Diced Peaches Fresh Pear</p>
<p>9</p>  <p>✓ Blueberry Muffin with String Cheese</p>  <p>✓ Frosted Mini Wheats Graham Crackers</p> <p>Dried Cranberries Fresh Orange</p>	<p>10</p>  <p>✓ NEW! Mango Banana Bar</p>  <p>✓ Cheerios with Boiled Egg</p> <p>Applesauce Fresh Banana</p>	<p>11</p>  <p>✓ Yoplait Peach Parfait</p> <p>✓ Graham Crackers</p>  <p>✓ Frosted Mini Wheats with String Cheese</p> <p>Diced Peaches Fresh Orange</p>	<p>12 Cooking up Change</p> <p>✓ </p> <p>NEW! Peanut Butter & Banana Wrap Kit. a recipe created by Culinary Students at Chicago Vocational High School!</p>  <p>✓ Cheerios with Boiled Egg</p> <p>Diced Pears Fresh Banana</p>	<p>13</p> <p>No School</p>

RISE AND SHINE! LET'S GRAB BREAKFAST.

- Culinary students competing in the "Cooking up Change" competition inspired our **Peanut Butter & Banana Wrap** recipe!
- Breakfast is available for every student, even after the final morning bell rings.
- All of this year's new items are CPS **student-tested and approved**.
- SunButter is substituted in buildings on peanut-free menus.

ALL MEALS ARE FREE EVERY DAY

We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are identified with a green check. ✓

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free unflavored milk.



www.cps.edu/food

Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.

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<p>16</p> <p> ✓ Apple Cinnamon Muffin with Boiled Egg</p> <p> ✓ Cheerios Graham Crackers</p> <hr/> <p>Dried Cranberries Fresh Orange</p>	<p>17</p> <p> ✓ Mini Cinnamon Cream Cheese Bagels</p> <p> ✓ Frosted Mini Wheats with String Cheese</p> <hr/> <p>Applesauce Fresh Banana</p>	<p>18</p> <p>Elementary Parent-Teacher Conferences</p>	<p>19</p> <p> ✓ Pear Parfait Graham Crackers</p> <p> ✓ Cheerios with Boiled Egg</p> <hr/> <p>Diced Pears Fresh Banana</p>	<p>20</p> <p> ✓ PB & J Graham Cracker Bar</p> <p> ✓ Cheerios String Cheese</p> <hr/> <p>Orange Juice Fresh Pear</p>
<p>23</p> <p> ✓ Blueberry Muffin with String Cheese</p> <p> ✓ Frosted Mini Wheats Or Rice Krispies</p> <hr/> <p>Dried Cranberries Fresh Orange</p>	<p>24</p> <p> ✓ French Toast Bar</p> <p> ✓ Raisin Bran or Cheerios with Boiled Egg</p> <hr/> <p>Applesauce Fresh Banana</p>	<p>25</p> <p> ✓ Peach Parfait Graham Crackers</p> <p> ✓ Frosted Mini Wheats Or Rice Krispies</p> <hr/> <p>Diced Peaches Fresh Orange</p>	<p>26</p> <p> ✓ Mini Cinnamon Cream Cheese Bagels</p> <p> ✓ Raisin Bran or Cheerios with Boiled Egg</p> <hr/> <p>Diced Pears Fresh Banana</p>	<p>27</p> <p> ✓ PB & J Graham Cracker Bar</p> <p> ✓ Frosted Mini Wheats Or Rice Krispies</p> <hr/> <p>Orange Juice Fresh Pear</p>

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