





# LUNCH K THROUGH 8

MAY 2018

CLASSROOM FEEDING

WWW.CPS.EDU/FOOD



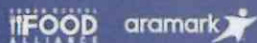
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>30</b></p>  <p>Personal Cheese Pizza</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Baby Carrots Orange &amp; Grape Medley</p>	<p><b>1</b></p>  <p><i>Breakfast for Lunch!</i> Pancakes with Maple Syrup and Chicken Sausage or Egg Patty</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Potato Smiles Cinnamon Diced Pears</p>	<p><b>2</b></p>  <p>Chicago Deep Dish Pasta</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Diced Peaches</p>	<p><b>3</b></p>  <p>Chili-Lime BBQ Chicken Leg with Roasted Red Pepper Rice Quinoa</p> <p>Yogurt &amp; Cheese Fun Kit</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Italian Blend Green Beans Fresh Orange</p>	<p><b>4</b></p>  <p>Cheesy Chicken or Black Bean &amp; Red Pepper Enchilada Bake with Sour Cream, Onions, Cilantro, Jalapenos &amp; Salsa</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Zesty Black Beans Apple Slices</p>
<p><b>7</b></p>  <p><b>FRESH ATTITUDE WEEK</b> Green Pepper &amp; Onion Chicken Cheesesteak Sandwich</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Sweet Corn (L) &amp; Edamame Succolash Orange &amp; Grape Medley</p>	<p><b>8</b></p>  <p>Personal Cheese Pizza</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Cinnamon Diced Pears</p>	<p><b>9</b></p>  <p><b>FRESH ATTITUDE WEEK</b> Chicken &amp; Biscuit with Buffalo slaw</p> <p>Triple Cheese Rollup</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Butternut Squash Medley Fresh Banana</p>	<p><b>10</b></p>  <p><b>FRESH ATTITUDE WEEK</b> Zucchini &amp; Black Bean Nacho Bake with Sour Cream, Jalapenos, Salsa &amp; Pico De Gallo</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Southwestern Corn (L) Fresh Cantaloupe &amp; Strawberries</p>	<p><b>11</b></p>  <p><b>FRESH ATTITUDE WEEK</b> Chicken &amp; Vegetable Fried Rice</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Marinated Chickpeas Apple Slices</p>

- We only use whole grain breads, pastas, and rice.
- Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in green.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a fruit, veggies & milk for free to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

## WHAT IS #FRESHATTITUDEWEEK

Fresh Attitude Week is an annual event that highlights fresh fruits and vegetables in school meals to expand students' palates and attitude toward fresh food. This year, Fresh Attitude Week brings us five days of new, flavorful recipes celebrating colorful fresh fruits and vegetables! Be sure to try our featured Fresh Attitude recipes May 7-11, circled in yellow!

For new recipes and special promotions, look for the orange fork!  
For locally-grown ingredients harvested within 350 miles of Chicago, look for the (L).



This institution is an equal opportunity provider.

Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings. Questions? E-mail us at food@cps.edu



# LUNCH K THROUGH 8

MAY 2018

CLASSROOM FEEDING

[WWW.CPS.EDU/FOOD](http://WWW.CPS.EDU/FOOD)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>14</b></p>  <p>Personal Cheese Pizza</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Baby Carrots Orange &amp; Grape Medley</p>	<p><b>15</b></p>  <p>Turkey Carnitas Burrito Bowl</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Zesty Black Beans Apple Slices</p>	<p><b>16</b></p>  <p>Rotini with Italian Meat Sauce</p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Warm Cinnamon Apples</p>	<p><b>17</b></p>  <p>Rotisserie Chicken Leg (L) with Dinner Roll</p> <p>Yogurt &amp; Cheese Fun Kit</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Italian Blend Green Beans Diced Peaches</p>	<p><b>18</b></p>  <p>PB &amp; Jelly Sandwich</p> <p>Chicken Quesadilla</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Seasoned Potato Wedges (L) Fresh Cantaloupe</p>
<p><b>21</b></p>  <p>Personal Cheese Pizza</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Baby Carrots Orange &amp; Grape Medley</p>	<p><b>22</b></p>  <p>Beef Soft Tacos</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Zesty Black Beans Apple Slices</p>	<p><b>23</b></p>  <p>PB &amp; Jelly Sandwich</p> <p>Chicken &amp; Country Gravy with Breadstick</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Mashed Potatoes Diced Pears</p>	<p><b>24</b></p>  <p>Philly Steak Pinwheel with Marinara Dipping Sauce</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Diced Peaches</p>	<p><b>25</b></p>  <p>Chicken Nuggets Chili-Lime BBQ Dipping Sauce</p> <p>Yogurt &amp; Cheese Fun Kit with Pretzel Goldfish Crackers</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Sweet Potato Fries Fresh Cantaloupe</p>

- We only use whole grain breads, pastas, and rice.
- Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in green.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a fruit, veggies & milk for free to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- Enjoy our new flaky Baked Pinwheels on Thursday, May 24<sup>th</sup>!
- For new recipes and special promotions, look for the orange fork!
- For locally-grown ingredients harvested within 350 miles of Chicago, look for the (L)



# LUNCH K THROUGH 8

MAY 2018

CLASSROOM FEEDING

WWW.CPS.EDU/FOOD



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>28</p> <p>Memorial Day</p>	<p>29</p>  <p><b>Cheesy Buffalo Chicken Pasta</b></p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Italian Blend Green Beans Cinnamon Diced Pears</p>	<p>30</p>  <p><b>Beef Nachos</b> with Queso Sauce</p> <p>Cheesy Wrap</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Zesty Black Beans Fresh Banana</p>	<p>31</p>  <p><b>Chicken Penne Alfredo</b></p> <p>Yogurt &amp; Cheese Fun Kit</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Fresh Broccoli Apple Slices</p>	<p>1</p>  <p><b>Cheesesteak Sandwich</b></p> <p>PB &amp; Jelly Sandwich</p> <p><b>FRUIT &amp; VEGGIE STATION</b> Potato Smiles Fresh Cantaloupe</p>

- We only use whole grain breads, pastas, and rice.
- Milk includes 1% lowfat and fat-free choices.
- Vegetarian entrees are in green.
- All recipes are pork-free.
- We proudly serve "No Antibiotics Ever!" chicken.
- Bringing lunch from home? Grab a *fruit, veggies & milk* for **free** to complete your meal!
- For new recipes and promotions, look for the orange fork!
- Locally-grown ingredients are marked with the (L)

- The **Cheesy Buffalo Chicken Pasta Bowl** from the *January Super Bowl Series* is back Tues., May 29<sup>th</sup>!
- **Nachos** are now served with **Queso Sauce**! Try it on Wednesday, May 30<sup>th</sup>!
- Try the new hot **Cheesesteak Sub Sandwich** on Friday, June 1<sup>st</sup> for some amazing flavor!
- For new recipes and special promotions, look for the orange fork!
- For locally-grown ingredients harvested within 350 miles of Chicago, look for the (L).



This institution is an equal opportunity provider.  
Our menus are pork-free! In peanut-free buildings. SunButter will be substituted.  
All menus are subject to change. Not all offerings may be available in all buildings.  
Questions? E-mail us at [food@cps.edu](mailto:food@cps.edu)