


Breakfast **K** THROUGH **8** September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>THE BREAKFAST BAGS HAVE A WHOLE NEW LOOK THIS YEAR! GRAB ONE AND CHECK IT OUT!</p> 	<p>5</p> <p> ✓ Mini Cinnamon Cream Cheese Bagels</p> <p> ✓ Raisin Bran or Cheerios and String Cheese</p> <p>Dried Cranberries Fresh Orange</p>	<p>6</p> <p> ✓ French Toast Bar</p> <p> ✓ Frosted Mini Wheats or Rice Krispies and Graham Crackers</p> <p>Raisins Fresh Plum</p>	<p>7</p> <p> ✓ Strawberry Parfait</p> <p> ✓ Raisin Bran or Cheerios and String Cheese</p> <p>Strawberries Fresh Orange</p>	<p>8</p> <p> ✓ Welch's PB&J Graham Cracker Bar</p> <p> ✓ Frosted Mini Wheats or Rice Krispies and Hard Boiled Egg</p> <p>100% Orange Juice Fresh Pear</p>
<p>11</p> <p> ✓ Blueberry Muffin with String Cheese</p> <p> ✓ Frosted Mini Wheats or Rice Krispies and Graham Crackers</p> <p>Dried Cranberries Fresh Orange</p>	<p>12</p> <p> ✓ French Toast Bar</p> <p> ✓ Raisin Bran or Cheerios and Hard Boiled Egg</p> <p>Raisins Fresh Plum</p>	<p>13</p> <p> ✓ Strawberry Parfait</p> <p> ✓ Frosted Mini Wheats or Rice Krispies and String Cheese</p> <p>Strawberries Fresh Orange</p>	<p>14</p> <p> ✓ Mini Cinnamon Cream Cheese Bagels</p> <p> ✓ Raisin Bran or Cheerios and Hard Boiled Egg</p> <p>Raisins Fresh Banana</p>	<p>15</p> <p> ✓ Welch's PB&J Graham Cracker Bar</p> <p> ✓ Frosted Mini Wheats or Rice Krispies and String Cheese</p> <p>100% Orange Juice Fresh Pear</p>

WELCOME BACK TO A FRESH START – WITH BREAKFAST!

- Breakfast is available for every student, even after the final morning bell rings.
- Our *Sunnyside Up Breakfast Club* grab & go **bags have a new look!**
- We proudly serve chicken raised with **No Antibiotics Ever!**
- Enjoy **tasty toppings** for breads and breakfast sandwiches!
- For **new recipes and special promotions** this year, look for the **orange fork!** 
- All of this year's new items are CPS **student-tested and approved.**
- For **locally-grown** ingredients from within 350 miles from Chicago, look for the **(L)**


ALL MEALS ARE FREE EVERY DAY

- We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.
- Vegetarian entrees are identified with a green check. ✓
- We only use heart-healthy whole grain breads.
- Our milk varieties include 1% low fat and fat-free unflavored milk.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>18</p> <p> ✓</p> <p>Apple Cinnamon Muffin with Hard Boiled Egg</p> <p> </p> <p>Raisin Bran or Cheerios and Graham Crackers</p> <hr/> <p>Dried Cranberries Fresh Orange</p>	<p>19</p> <p></p> <p>French Toast Bar</p> <p> </p> <p>Frosted Mini Wheats or Rice Krispies and String Cheese</p> <hr/> <p>Raisins Fresh Plum</p>	<p>20</p> <p> ✓</p> <p>Strawberry Parfait</p> <p> </p> <p>Raisin Bran or Cheerios and Hard Boiled Egg</p> <hr/> <p>Strawberries Fresh Orange</p>	<p>21</p> <p> ✓</p> <p>Mini Cinnamon Cream Cheese Bagels</p> <p> </p> <p>Frosted Mini Wheats or Rice Krispies and String Cheese</p> <hr/> <p>Raisins Fresh Banana</p>	<p>22</p> <p> ✓</p> <p>Welch's PB&J Graham Cracker Bar</p> <p> </p> <p>Raisin Bran or Cheerios and Hard Boiled Egg</p> <hr/> <p>100% Orange Juice Fresh Pear</p>
<p>25</p> <p> ✓</p> <p>Blueberry Muffin with String Cheese</p> <p> </p> <p>Frosted Mini Wheats or Rice Krispies and Graham Crackers</p> <hr/> <p>Dried Cranberries Fresh Orange</p>	<p>26</p> <p></p> <p>French Toast Bar</p> <p> </p> <p>Raisin Bran or Cheerios and Hard Boiled Egg</p> <hr/> <p>Raisins Fresh Plum</p>	<p>27</p> <p> ✓</p> <p>Strawberry Parfait</p> <p> </p> <p>Frosted Mini Wheats or Rice Krispies and String Cheese</p> <hr/> <p>Strawberries Fresh Orange</p>	<p>28</p> <p> ✓</p> <p>Mini Cinnamon Cream Cheese Bagels</p> <p> </p> <p>Raisin Bran or Cheerios and Hard Boiled Egg</p> <hr/> <p>Raisins Fresh Banana</p>	<p>29</p> <p> ✓</p> <p>Welch's PB&J Graham Cracker Bar</p> <p> </p> <p>Frosted Mini Wheats or Rice Krispies and String Cheese</p> <hr/> <p>100% Orange Juice Fresh Pear</p>

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