

LUNCH K THROUGH 8

SEPTEMBER 2017
Classroom Feeding

www.cps.edu/food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p>	<p>5</p> <p>Chicken Nuggets with Chili-lime BBQ Sauce PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Fresh Apple</p>	<p>6</p> <p>Deep Dish Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Cucumber Slices Orange & Grape Medley</p>	<p>7</p> <p>Beef Soft Tacos with your choice of Sour Cream Jalapeños and Salsa English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Elotes-Style Corn (L) Warm Cinnamon Apples & Berries</p>	<p>8</p> <p>Teriyaki Beef Dippers & Veggies with Brown Rice PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Steamed Carrots (L) Cantaloupe</p>
<p>11</p> <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Baby Carrots Fresh Apple</p>	<p>12</p> <p>Special Treat! Luigi's Frozen Watermelon Sorbet!</p> <p>Rotisserie Chicken leg (L) with Cilantro-Lime Rice PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Zesty Black Beans</p>	<p>13</p> <p>Cheesy Pasta with Breadstick</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Warm Cinnamon Apples & Berries</p>	<p>14</p> <p>Chicken Tenders with BBQ Dipping Sauce PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Cucumber Slices Cantaloupe</p>	<p>15</p> <p>Cheesy Meatloaf with Roll English muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Seasoned Potato Wedges Fresh Banana</p>

OFFERED DAILY

Peanut Butter & Jelly Sandwich* are also offered daily.

Vegetarian entrees are in **green**.

We only use heart-healthy whole grain breads, pastas, and rice.

Our milk varieties include 1% low fat and fat-free unflavored and flavored choices.

WELCOME BACK!

- We proudly serve chicken raised with **No Antibiotics Ever!**
- Our **Fruit & Vegetable Station** offers delicious options every day!
- **Bringing your own lunch entrée from home?** Grab a **fruit, veggies & a cold milk** every day for **free** to complete your meal!
- New **customizable toppings** for tacos, burritos, wraps & sandwiches!
- For **new recipes and special promotions** this year, look for the **blue fork!**
- For locally-grown ingredients harvested within 350 miles from Chicago, look for the **(L)**
- All of this year's new items are **CPS student-tested and approved**



Our menus are nut-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.

Questions? Contact us at food@cps.edu

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<p>18</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Baby Carrots Apple Slices (L)</p>	<p>19</p>  <p>Breakfast for lunch! Pancakes & Syrup with Chicken Sausage Patty</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Tater Tots · Baby Carrots Orange & Grape Medley</p>	<p>20</p>  <p>Chili-lime Drumstick & Cilantro Lime Rice with your choice of Sour Cream, Jalapeños & Salsa</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Southwest Black Beans Warm Cinnamon Apples</p>	<p>21</p>  <p>Chicago "Deep Dish" Pasta Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Succotash (with local green pepper) Cantaloupe</p>	<p>22</p>  <p>Orange Chicken with Veggies & Brown Rice</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Diced Peaches</p>
<p>25</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Baby Carrots Apple Slices (L)</p>	<p>26</p>  <p>Country Chicken Nugget Bowl</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Mashed Potatoes Orange & Grape Medley</p>	<p>27</p> <p>Chicken Penné Alfredo Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Cauliflower & Green Beans (L) Warm Cinnamon Apples</p>	<p>28</p>  <p>Chicken Soft Tacos with your choice of Sour Cream, Jalapeños & Salsa</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Zesty Black Beans Cantaloupe</p>	<p>29</p>  <p>Breaded Catfish Strips with Bread Slice</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Diced Peaches</p>

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