

LUNCH K THROUGH 8

NOVEMBER 2017
Classroom Feeding

www.cps.edu/food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGETABLE</p> <p>Baby Carrots Apple Slices (L)</p>	<p>7</p>  <p>Penne Pasta with Italian Meat Sauce</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGETABLE</p> <p>Fresh Broccoli Seasonal Fruit</p>	<p>8</p>  <p>Southwest Chicken & Rice Bowl</p> <p>PB & Jelly Sandwich</p> <p>FRUIT & VEGETABLE</p> <p>Zesty Black Beans Warm Cinnamon Apples</p>	<p>9</p>  <p>Breaded Fish Melt</p> <p>Yogurt & Cheese Fun kit</p> <p>FRUIT & VEGETABLE</p> <p>Cabbage & Kale Slaw (L) Honeydew Melon</p>	<p>10</p>  <p>Chicken Nuggets</p> <p>PB & Jelly Sandwich</p> <p>FRUIT & VEGETABLE</p> <p>Seasoned Potato Wedges (L) Peach Cup</p>
<p>13</p>  <p>"Deep Dish" Cheese Pizza</p> <p>FRUIT & VEGETABLE</p> <p>Fresh Broccoli Apple Slices (L)</p>	<p>14</p>  <p>Thanksgiving Celebration! Local Roasted Drumstick. Local Roasted Cinnamon Sweet Potatoes. Local Green Bean Casserole. Dinner Roll and a Cinnamon Pear Parfait!</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGETABLE</p> <p>Cinnamon Sweet Potatoes (L) Cinnamon Pear Parfait</p>	<p>15</p> <p>Elementary Parent-Teacher Conference Day (Report Card Pickup)</p>	<p>16</p>  <p>Chicken Soft Tacos</p> <p>Cheesy Wrap</p> <p>FRUIT & VEGETABLE</p> <p>Zesty Black Beans Seasonal Fruit</p>	<p>17</p>  <p>Chicken Pasta Primavera</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGETABLE</p> <p>Fresh Zucchini Banana</p>

OFFERED DAILY


Peanut Butter & Jelly Sandwich* are also offered daily.

Vegetarian entrees are in **green**.

We only use heart-healthy whole grain breads, pastas, and rice.

Our milk varieties include 1% low fat and fat-free unflavored and flavored choices.

DID YOU KNOW?

- Enjoy our Thanksgiving Meal on the 14th, featuring local green beans & sweet potatoes!
- We proudly serve chicken raised with **No Antibiotics Ever** including Miller Farms drumsticks!
- **Bringing lunch from home?** Grab a fruit, veggies & milk for **free** to complete your meal!
- New **customizable toppings** for tacos, burritos, wraps & sandwiches!
- For **new recipes and special promotions** this year, look for the **blue fork!** 
- For locally-grown ingredients harvested within 350 miles from Chicago, look for the **(L)**
- All of this year's new items are CPS **student-tested and approved**



Our menus are pork-free! In peanut-free buildings, SunButter will be substituted. All menus are subject to change. Not all offerings may be available in all buildings.








Questions? Contact us at food@cps.edu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>20</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGETABLE</p> <p>Fresh Broccoli Apple Slices (L)</p>	<p>21</p>  <p>Rotisserie Drumstick with Cilantro lime Rice PB & Jelly Sandwich</p> <p>FRUIT & VEGETABLE</p> <p>Cucumber Slices Seasonal Fruit</p>	<p>22</p> <p>Thanksgiving Break</p>	<p>23</p> <p>Thanksgiving Break</p>	<p>24</p> <p>Thanksgiving Break</p>
<p>27</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION</p> <p>Apple Slices (L) Baby Carrots</p>	<p>28</p>  <p>Breakfast For Lunch! Pancakes & Chicken-Sausage Patty with Maple Syrup</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGETABLE</p> <p>Tater Tots Seasonal Fruit</p>	<p>29</p>  <p>Chili-lime BBQ Drumstick & Cilantro-lime Rice PB & Jelly Sandwich*</p> <p>FRUIT & VEGETABLE</p> <p>Zesty Black Beans Warm Cinnamon Apples</p>	<p>30</p>  <p>Baked Rotini & Cheese</p> <p>FRUIT & VEGETABLE</p> <p>Cucumber Slices Seasonal Fruit</p>	<p>1</p>  <p>Orange Popcorn Chicken with Brown Rice PB & Jelly Sandwich*</p> <p>FRUIT & VEGETABLE</p> <p>Steamed Broccoli Diced Peaches</p>

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DID YOU KNOW?

- Try our new Baked Rotini & Cheese recipe on Nov. 30th!
- We proudly serve chicken raised with **No Antibiotics Ever!**
- **Bringing lunch from home?** Grab a *fruit, veggies & milk* for **free** to complete your meal!
- New **customizable toppings** for tacos, burritos, wraps & sandwiches!
- For **new recipes and special promotions** this year, look for the **blue fork!** 
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