

LUNCH K THROUGH 8

DECEMBER 2017

Classroom Feeding

www.cps.edu/food



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Baby Carrots Apple Slices (L)</p>	<p>5</p>  <p>Country Chicken Nugget Bowl with Breadstick</p> <p>Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Mashed Potatoes Fruit Rainbow Cup (L)</p>	<p>6</p>  <p>Beef Soft Tacos</p> <p>Cheesy Wrap</p> <p>FRUIT & VEGGIE STATION Zesty Black Beans Warm Cinnamon Apples</p>	<p>7</p>  <p>Chicken Penné Alfredo</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Seasonal Fruit</p>	<p>8</p>  <p>Chicken Patty Sandwich</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Seasoned Green Beans (L) Peach Cup</p>
<p>11</p>  <p>Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Zesty Corn (L) Apple Slices (L)</p>	<p>12</p>  <p>Southwest Chicken & Rice Bowl</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Zesty Black Beans Seasonal Fruit</p>	<p>13</p>  <p>Rotini with Italian Meat Sauce</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Fresh Broccoli Warm Cinnamon Apples</p>	<p>14</p>  <p>Rotisserie Drumstick with Roll</p> <p>PB & Jelly Sandwich *</p> <p>FRUIT & VEGGIE STATION Fresh Carrot Coins & Ranch Dip Banana</p>	<p>15</p>  <p>Breaded Catfish Strips with Rotini & Spaghetti Sauce</p> <p>Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Seasoned Green Beans (L) Peach Cup</p>

OFFERED DAILY

Peanut Butter & Jelly Sandwich* are also offered daily.

Vegetarian entrees are in **green**.

We only use heart-healthy whole grain breads, pastas, and rice.

Our milk varieties include 1% low fat and fat-free unflavored and flavored choices.

- December 5th, taste our refreshing Fruit Rainbow Cup, full of colorful, locally-sourced mixed berries over vanilla yogurt!
- We proudly serve chicken raised with **No Antibiotics Ever!**
- **Bringing lunch from home?** Grab a *fruit, veggies & milk* for **free** to complete your meal!
- New **customizable toppings** for tacos, burritos, wraps & sandwiches!
- For **new recipes and special promotions** this year, look for the **blue fork!**
- For locally-grown ingredients harvested within 350 miles from Chicago, look for the **(L)**
- All of this year's new items are CPS **student-tested and approved**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>18</p>  <p>"Deep Dish" Cheese Pizza</p> <p>FRUIT & VEGGIE STATION Cucumber Slices Apple Slices (L)</p>	<p>19</p>  <p>Chicken Nuggets with Chili-Lime BBQ Sauce</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Seasoned Potato Wedges (L) Cherry-Lime Sorbet</p>	<p>20</p>  <p>Teriyaki Beef with Vegetables & Brown Rice</p> <p>Yogurt & Cheese Fun Kit</p> <p>FRUIT & VEGGIE STATION Steamed Carrots (L) Banana</p>	<p>21</p>  <p>Chicken Soft Tacos</p> <p>PB & Jelly Sandwich*</p> <p>FRUIT & VEGGIE STATION Zesty Black Beans Dried Cranberries</p>	<p>22</p>  <p>Chicken Pasta Primavera</p> <p>English Muffin Pizza Kit</p> <p>FRUIT & VEGGIE STATION Steamed Broccoli Pear Cup</p>

Enjoy Winter Break!

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Our milk varieties include 1% low fat and fat-free unflavored and flavored choices.

- December 19th, try the Cherry-Lime Snowman Sorbet!
- We proudly serve chicken raised with **No Antibiotics Ever!**
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