



# SEPTEMBER 2018 ELEMENTARY GRAB & GO BREAKFAST

WWW.CPS.EDU/MENU

**ALL STUDENTS EAT FREE!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>LABOR Day</b></p>	<p>4</p> <p><b>NEW!</b> STRAWBERRY PANCAKES</p> <p><b>NEW!</b> STRAWBERRY CREAM CHEESE MINI BAGELS</p> <p>DRIED CRANBERRIES &amp; FRESH APPLE</p>	<p>5</p> <p>EGG &amp; CHEESE ON ENGLISH MUFFIN</p> <p><b>NEW!</b> OATMEAL RAISIN BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>FRESH PLUM &amp; APPLESAUCE</p>	<p>6</p> <p>CHERRY FRUDEL</p> <p>PEACH &amp; VANILLA YOGURT PARFAIT</p> <p>FRESH APPLE &amp; DICED PEACHES</p>	<p><b>NEW!</b> 7</p> <p>FRENCH TOAST STICKS &amp; SYRUP</p> <p>PB &amp; JELLY GRAHAM CRACKER BAR</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>100% APPLE JUICE FRESH ORANGE</p>
<p>10</p> <p>PANCAKE ON A STICK</p> <p><b>NEW!</b> OATMEAL RAISIN BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES &amp; FRESH PLUM</p>	<p>11</p> <p><b>NEW!</b> GRILLED HAM &amp; CHEESE SANDWICH WITH TATER TOTS</p> <p>FRENCH TOAST BAR</p> <p>FRESH ORANGE DICED PEACHES</p>	<p>12</p> <p><b>NEW!</b> HOMESTYLE WAFFLE &amp; SYRUP</p> <p>CINNAMON CREAM CHEESE MINI BAGELS</p> <p>FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>FRESH BANANA APPLESAUCE</p>	<p>13</p> <p><b>NEW!</b> PANCAKE &amp; CHICKEN SAUSAGE</p> <p>PEAR &amp; VANILLA YOGURT PARFAIT</p> <p>FRESH ORANGE &amp; DICED PEARS</p>	<p>14</p> <p>APPLE FRUDEL</p> <p>PB &amp; JELLY GRAHAM CRACKER BAR</p> <p>CHEERIOS &amp; STRING CHEESE</p> <p>100% APPLE JUICE FRESH BANANA</p>

### Good Morning! Let's Grab Breakfast.

Breakfast is available for every student, even after the final morning bell rings.

We proudly serve chicken raised with No Antibiotics Ever!

SunButter will be substituted in buildings with peanut-free menus.

### All Meals Are **FREE** Every Day!

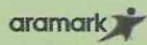
We offer a rotation of vitamin and mineral-rich seasonal fresh & cupped fruits.

Vegetarian entrees are offered daily.

We only use heart-healthy whole grain breads.

Our milk varieties include 1% low fat and fat-free flavored and unflavored options.

This institution is an equal opportunity provider.



Our menus are pork-free!  
All menus are subject to change.  
Not all offerings may be available in all buildings.

Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)





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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>17</b></p> <p> PANCAKE ON A STICK</p> <p> FRENCH TOAST BAR</p> <p> FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES &amp; FRESH APPLE</p>	<p><b>18</b></p> <p> EGG &amp; CHEESE ON ENGLISH MUFFIN</p> <p><b>NEW!</b>  STRAWBERRY CREAM CHEESE MINI BAGELS</p> <p> FRESH ORANGE &amp; DICED PEARS</p>	<p><b>19</b></p> <p><b>NEW!</b>  FRENCH TOAST STICKS &amp; SYRUP</p> <p><b>NEW!</b>  OATMEAL RAISIN BAR</p> <p> CHEERIOS &amp; STRING CHEESE</p> <p> FRESH BANANA &amp; APPLESAUCE</p>	<p><b>20</b></p> <p><b>NEW!</b>  STRAWBERRY PANCAKES</p> <p> PEACH &amp; VANILLA YOGURT PARFAIT</p> <p> FRESH ORANGE DICED PEACHES</p>	<p><b>21</b></p> <p><b>NEW!</b>  EGG &amp; CHEESE ON A BAGEL</p> <p> PB &amp; JELLY GRAHAM CRACKER BAR</p> <p> FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p><b>NEW!</b>  100% FRUIT JUICE FRESH BANANA</p>
<p><b>24</b></p> <p> PANCAKE ON A STICK</p> <p><b>NEW!</b>  OATMEAL RAISIN BAR</p> <p> CHEERIOS &amp; STRING CHEESE</p> <p>DRIED CRANBERRIES &amp; FRESH APPLE</p>	<p><b>25</b></p> <p><b>NEW!</b>  GRILLED HAM &amp; CHEESE SANDWICH WITH TATER TOTS</p> <p> FRENCH TOAST BAR</p> <p> FRESH ORANGE DICED PEACHES</p>	<p><b>26</b></p> <p><b>NEW!</b>  HOMESTYLE WAFFLE &amp; SYRUP</p> <p> CREAM CHEESE MINI BAGELS</p> <p> FROSTED MINI WHEATS &amp; STRING CHEESE</p> <p> FRESH BANANA APPLESAUCE</p>	<p><b>27</b></p> <p><b>NEW!</b>  PANCAKE &amp; CHICKEN-SAUSAGE</p> <p> PEAR &amp; VANILLA YOGURT PARFAIT</p> <p> FRESH ORANGE &amp; DICED PEARS</p>	<p><b>28</b></p> <p> APPLE FRUDEL</p> <p> PB &amp; JELLY GRAHAM CRACKER BAR</p> <p> CHEERIOS &amp; STRING CHEESE</p> <p> 100% APPLE JUICE FRESH BANANA</p>

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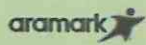
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