



# SEPTEMBER 2018 ELEMENTARY LUNCH

ALL STUDENTS EAT FREE! ♦ [WWW.CPS.EDU/FOOD](http://WWW.CPS.EDU/FOOD)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
	  	   	<p>NOW SERVING CORN TORTILLAS!</p>  	  

## FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

10	11	12	13	14

## FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

### COLD DELI OPTIONS OFFERED DAILY

**NEW! Cheese & Cracker Kit** – offered Mondays and Fridays  
**Peanut Butter & Jelly Sandwich\*** offered daily Monday through Friday

### TOPPINGS OFFERED

**Dressings:** Ranch, Italian & French  
**Sauces:** Ketchup, Mustard, Mayo, BBQ, Taco Sauce, Hot Sauce

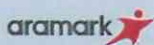
All of our chicken is raised with **No Antibiotics EVER!**

Fruits and veggies rotate daily and may include: cucumber, celery, broccoli, garden salads, tomato, carrots, apples, oranges, bananas, grapes, melon, cranberries, and other cupped fruits.

\***SunButter** is substituted in buildings with peanut-free menus.

**Vegetarian** entrees are identified with (V)  
**Local** products grown within 350 miles are identified with (L)

We only use heart-healthy **whole grains**.  
 Our **milk** options include 1% lowfat and fat-free milk.



This institution is an equal opportunity provider.

Our menus are pork-free!  
 All menus are subject to change.  
 Not all offerings may be available in all buildings.  
 Questions? Contact us at [food@cps.edu](mailto:food@cps.edu)



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MONDAY 	TUESDAY 	WEDNESDAY 	THURSDAY 	FRIDAY 
<p>17</p> <p><b>NEW!</b>  <b>TONY'S</b></p> <p>CHEESE PIZZA (V)</p> <p></p> <p>HOT DOG</p> <p>CHEESE &amp; CRACKER KIT (V)</p>	<p>18</p> <p>NOW SERVING CORN TORTILLAS!</p> <p><b>NEW!</b> </p> <p>CHICKEN OR BEAN TACOS (V) CORN OR FLOUR TORTILLA (L) SOUR CREAM · JALAPEÑOS · SALSA</p> <p></p> <p>GRILLED CHEESE SANDWICH (V)</p> <p>FIESTA BEANS</p>	<p>19</p> <p><b>NEW!</b> </p> <p>CHEESE RAVIOLI (V)</p> <p></p> <p>CHEESEBURGER OR HAMBURGER</p>	<p>20</p> <p> </p> <p>CHICKEN NUGGETS</p> <p>FISH SANDWICH</p> <p></p> <p>TURKEY &amp; CHEESE KABOOM SUB!</p> <p><b>NEW!</b> </p> <p>EMOJI POTATOES (L)</p>	<p>21</p> <p> </p> <p>ORANGE POPCORN CHICKEN WITH SEASONED BROWN RICE</p> <p></p> <p>CHEESEBURGER OR HAMBURGER</p> <p>CHEESE &amp; CRACKER KIT (V)</p>

## FRESH AND CUPPED FRUITS & VEGETABLES OFFERED DAILY!

<p>24</p> <p><b>NEW!</b>  <b>TONY'S</b></p> <p>CHEESE PIZZA (V)</p> <p></p> <p>SPICY POPCORN CHICKEN</p> <p>CHEESE &amp; CRACKER KIT (V)</p>	<p>25</p> <p></p> <p>CHICKEN NACHOS OR VEGETARIAN NACHOS (V) SOUR CREAM · JALAPEÑOS · SALSA</p> <p></p> <p>CHEESEBURGER OR HAMBURGER</p> <p></p> <p>SEASONED CORN</p>	<p>26</p> <p><b>NEW!</b> </p> <p>FOR BRUNCH</p> <p>HOMESTYLE PANCAKES WITH CHEDDAR CHEESE OMELET OR BREAKFAST CHICKEN PATTY MAPLE SYRUP</p> <p> </p> <p>CHICKEN PATTY SANDWICH</p>	<p>27</p> <p><b>NEW!</b>  </p> <p>FRANK'S RED HOT CHICKEN DRUMSTICK (L)</p> <p></p> <p>CHEESE QUESADILLA (V) SOUR CREAM · JALAPEÑOS · SALSA</p> <p></p> <p>TURKEY CUCUMBER SLAM! SUB</p> <p>MASHED POTATOES</p> <p>SPICED APPLES &amp; CRANBERRIES (A COOKING UP CHANGE RECIPE INSPIRED BY CULINARY STUDENTS AT CLEMENTE HIGH SCHOOL)</p>	<p>28</p> <p></p> <p>SLOPPY JOE SANDWICH</p> <p></p> <p>BEAN &amp; CHEESE BURRITO (V) SOUR CREAM · JALAPEÑOS · SALSA</p> <p>CHEESE &amp; CRACKER KIT (V)</p>
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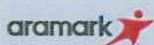
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